

Christian Brothers Academy CYCLE MENU
April 2017

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BREAKFAST OFFERED</u> DAILY FROM 7:05 – 7:45AM Breakfast Sandwiches, Bagels , Donuts, Cinnamon Buns, Muffins, Cereal, And more</p>					
<p>THE FRESH GRILLE <i>Hamburger, Cheeseburger,</i> <i>Roasted chicken Breast on Whole</i> <i>Wheat Buns Offered</i></p>	3 Southern Fried Chicken Tenders Corn Bread muffin Mac and Cheese Pasta Creamy Spinach Grab and Go specials Asst. Salads or Deli Bar	4 Game Day French Fry Bar (Chili ,salsa, sour cream, lettuce) Buttered white rice Grab and Go specials asst. Salads or Deli Bar	5 Fried Cheese Pierogies with a bacon cream sauce topped with buffalo Chicken Garlic Breadsticks Grab and Go specials Asst. Salads or Deli Bar	6 Sausage, peppers and onion grinder Oven Roasted Rosemary Fries Grab and Go specials Asst. Salads or Deli Bar	7 Personnel Pan Cheese Pizza Pasta with tomato Cream sauce New England Clam chowder Grab and Go specials Asst. Salads
<p>  Balanced Choices Meal: <i>Steamed Veggie offered daily</i></p>	10 Buffalo Chicken Tender Taco's Southwestern Rice Pilaf Broccoli Au gratin Grab and Go specials Asst. Salads or Deli Bar	11 Garlic Bread Sticks, with Marinara Pasta Carbonara Grab and Go specials Asst. Salads or Deli Bar	12 Chicken Bacon Ranch Pizza Caesar Salad Grab and Go specials Asst. Salads or Deli Bar	13 Holy Thursday	14 Good Friday
<p> FRESH MADE TO ORDER SANDWICHES/SALADS OFFERED DAILY FRESH HOMEMADE SOUPS OFFERED DAILY</p>	17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break
<p>Every day Panini of the Day. Chefs specials of the Day, in the grab and go every day.</p>	24 Chicken Tender Caesar Salad boat Country Mac and Cheese Pasta Dinner Roll Grab and Go specials Asst. Salads or Deli Bar	25 Buffalo Chicken Stromboli Side Blue Cheese Dressing Kettle chips Toss salad Bar Grab and Go specials Asst. Salads or Deli Bar	26 Baked Three Cheese Ziti with pepperoni Garlic Breadsticks Grab and Go specials Asst. Salads or Deli Bar	27 Beef And Broccoli Fried Rice Fried Pot stickers Grab and Go specials Asst. Salads or Deli Bar	28 Pepperoni Pizza or cheese Pizza Chef's Side of the day Grab and Go specials Asst. Salads

All Lunches Include: Choice of Entrée, Choice of TWO Vegetable/Fruit Side Dishes, and Choice of Milk or Small Fountain Beverage.
 Vegetable/Fruit Side Dishes Include: Featured Hot Vegetable, Side Salad, Fresh Veggie Sandwich Toppings, chips , fruit cups and Fresh Fruit
 Beverage choices: low fat (2%) Choc. milk, and flavored low fat (1%) milk., lemonade, Lemon Tea, Raspberry Tea, Fruit Punch, or Unsweetened Tea